



Trinity Behavioral Care Quarterly Newsletter

Message from Donny Brock

Trinity's Staff, Board of Directors, and Friends of the Organization:

When one begins a career, it's impossible to see all its twists and turns, the challenges to overcome, or the relationships that will be created. In 1988 my wife, Terry, was offered a leadership position in a start-up treatment center located in Tennessee. Describing the transaction in baseball trade terms, I was the player to be named later. To get her they had to also hire me. Fast forward thirty-seven years and I've been blessed to serve in five organizations as an addiction counselor, treatment director, and executive director. Along the way I've been exposed to world-class trainers, the best mentors one could imagine, and thousands of clients who have taught me how to be effective and brought me to tears with their ability to persevere and recover.

It is an understatement to say serving in a leadership position with Trinity Behavioral Care for fourteen years has been an honor. It's accurate to say, I needed Trinity more than it needed me. There are far too many people to thank: a supportive board of directors that provided excellent executive oversight and never attempted to manage the organization; employees who weathered the storm and provided the foundation for a complete organizational transformation; new faces who joined us and adapted to an ever changing healthcare environment; community leaders who support Trinity's Mission; SC-DAODAS staff and BHSA provider network members; and a state legislative delegation who financed new facilities in each of the three counties we serve.

One of my goals when I joined Trinity was to enable the staff to develop prevention and treatment services considered models of effectiveness. They far exceeded my expectations with recognition by SC-DAODAS, SAMHSA, and the Whitehouse's ONDCP. Another goal was to identify leaders capable of sustaining the organization's success. Diane Hall is the skilled visionary to lead the organization. She and her management team are more than capable of navigating challenges that arise and piloting Trinity to new heights.

On a more personal note, traversing this path would have been impossible if not for my wife, Terry; close friends and colleagues; and a merciful God who graced me with recovery beyond my power to maintain. Now it's time for Terry and me to begin our next adventure. We are forever grateful for the opportunities and relationships that have enriched our lives. May God continue to bless Trinity Behavioral Care, and all those associated with it.

Sincerely,

William "Donny" Brock, Jr.

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Celebrating Donny Brock's Retirement



On Friday, February 21, 2025, Trinity Behavioral Care celebrated the retirement of Donny Brock at the Opera House in Marion, SC. In honor of his retirement, many came to celebrate including family, friends, and colleagues.

A Senate Resolution

In celebration of Donny Brock's retirement, Senator Kent Williams and Representative Lucas Atkinson presented him with a Senate Resolution to recognize his service and accomplishments throughout the years.



New Emerging Danger: Nitazenes



Nitazenes are a class of synthetic opioids that have emerged in the United States that are as dangerous and forty times stronger than fentanyl.

Isotonitazene (nitazenes) was first identified in 2019 in the Midwest and has now moved to the Southern States. It is much stronger than morphine and heroin and is being marketed as other drugs to increase potency and decrease the cost to make them. It can appear in powder form, which is yellow, brown, or off-white. It is often mixed with heroin or fentanyl.

This drug is dangerous because many people that have overdosed on it were unaware that they were using it. It is hard to detect nitazenes through standard drug tests or testing strips. These types of synthetic opioids can only be identified correctly using a lab test, so many people are unaware they are ingesting them.

Due to the potency of nitazenes, Narcan (naloxone) may not be effective with only one dosage. More than one dose would need to be administered due to them being so powerful.

The current reports of nitazene are still considered to be low in comparison to fentanyl. It is still important to be on the lookout due to this drug being on the rise.

sources: www.dea.gov, drugfree.org/

Celebrating Gerald's Birthday!

On Friday, January 31, 2025,
Trinity Behavioral Care's
Marion office celebrated
Gerald's Birthday!



Employee Updates

CONGRATUALIONS



CINDY MOODY

We would like to congratulate our Adolescent Supervisor, Cindy Moody, on her retirement after 17 years with Trinity!

IMPORTANT DATES

- March 17** Narcan Drive @McColl Town Hall at 10 am
- Mar 25** Narcan Drive @ Kings Corner Laundromat in Wallace @ 10 am
- Mar 27** Drug Take Back @ CVS in Marion at 11 am
- Mar 29** Skate Free, Drug Free Event @ Martin's Skating Center at 2 pm



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Recipe

Springtime Beignets & Berries



Ingredients

- 1/4 cup butter, room temperature
- 3/4 cup sugar
- 1/2 teaspoon salt
- 1/2 teaspoon ground cinnamon
- 1/2 cup plus 2 tablespoons warm water (120° to 130°), divided
- 1/2 cup evaporated milk
- 1 package (1/4 ounce) quick-rise yeast
- 1 large egg
- 3-1/4 to 3-3/4 cups all-purpose flour
- Oil for deep-fat frying
- Confectioners' sugar
- Berries and whipped topping, optional

Directions

1. Beat butter, sugar, salt and cinnamon until crumbly. Beat in 1/2 cup water and evaporated milk. In another bowl, dissolve yeast in remaining 2 tablespoons water; add to milk mixture. Beat in egg until blended. Add noodle and marshmallows
2. Add 2 cups flour; mix until well blended. Stir in enough remaining flour to form a soft dough (dough will be sticky). Place in a greased bowl, turning once to grease the top. Cover; refrigerate 4 hours or overnight.
3. Bring dough to room temperature. On a floured surface, roll dough into a 16x12-in. rectangle. Cut into 2-in. squares. In a deep cast-iron skillet or deep-fat fryer, heat oil to 375°. Drop beignets, a few at a time, into hot oil. Fry until golden brown, about 1 minute per side. Drain on paper towels. Dust with confectioners' sugar. If desired, serve with assorted berries and whipped topping.